



July 18, 2008

Dear Parents/Guardians:

As we begin a new year I would like to take this opportunity to introduce a policy adopted by the Wake County School Board on June 6, 2006 per federal mandate.

In June 2004, the Child Nutrition and WIC Reauthorization Act was signed into law, making it mandatory for all local education agencies participating in the National School Breakfast and Lunch Program to create a local wellness policy by June 30, 2006.

Much of our **Wellness Policy (#5125) pertains to our Child Nutrition Services division**. Per the federal mandate, there are areas in the policy that directly pertain to our school practices. Fundraising, rewards, and on campus events are attended to in our wellness policy.

- Fundraisers involving food may not operate during the school day.
- Edible rewards offered to students must be of high nutritional value. Examples of foods lacking nutritional value include: soft drinks, water ices unless they have fruit or fruit juices, chewing gum, hard candies, gummies or jellies, marshmallow candies, cotton candy, candy coated popcorn, and licorice.
- Schools are asked to host student award or reward events (e.g., Honor Roll Breakfast) that provide food and beverages high in nutritional value.
- On-campus events (e.g., concession stands) must offer 2 or more healthy choices for those individuals who would like an item of high nutritional value.
 - Your school's cafeteria manager can help identify and prepare foods high in nutritional value.
 - Our Central Services division is in the process of releasing on-line resources that will identify foods of high nutritional value.

Please know that this policy does not dictate the food selections you make when sending a lunch with your child. The policy is in place to promote the selection of healthy choices offered in our schools for students and staff. Please join us in encouraging your child to make healthy choices.

Thank you in advance for your help in reinforcing the new WCPSS Wellness Policy. Please contact me if you have concerns or questions.

Sincerely,

Melissa Burns
Principal